

# PROVIDER PROFILE



## John P. Opilka, DO

Adult Primary Care, Balance and Fall Risk Assessment, Family Medicine, Family Practice, Weight Management

**LANGUAGES:** English

### PRIMARY LOCATION

SBL Altamont Medical Center  
5 East Cumberland Rd.  
Altamont, IL ph: 618-483-6151  
fx: 618-483-6153

### Office Hours:

Hours

7 am to Noon & 1 to 5 pm - Monday through Friday  
Same day appointments available

vcard

### BOARD CERTIFICATION

American Osteopathic Board of Family Medicine

### CERTIFICATION

- Medical Director: Lutheran Care Center, Altamont, IL - Aperion Care, St. Elmo, IL - Evergreen Nursing Home, Effingham, IL

### CERTIFICATION

- Certified in Balance & Fall Risk Assessment

### CERTIFICATION

- Illinois State Medical Society

### EDUCATION & TRAINING

- Family Practice Residency, Carle Foundation Hospital, Urbana, IL

### EDUCATION & TRAINING

- Bachelor of Arts - Biology, University of Illinois, Urbana, IL

### EDUCATION & TRAINING

- Doctor of Osteopathy, D.O. - Des Moines University of Osteopathic Medicine & Health Sciences, Des Moines, IA

### EDUCATION & TRAINING

- Master of Arts - Biology, University of Illinois, Urbana, IL

### HEALTH PLANS

<https://www.sarahbush.org/billinginformation/>