

 Sarah Bush Lincoln

Health *styles*

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TRIUMPH OVER TRAGEDY

Ma'Lyiah White defies the odds by making a recovery after a tragic accident.

BACK IN STEP

International ballroom dancer glides on the dance floor again.

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Willow Breeze

 Sarah Bush Lincoln
Hospice House

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care in a tranquil setting.



SOUTHERN EDITION
November 2023



Health *styles*

Volume 34 | Number 4

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Health Styles provides general information on health-related topics. It is not intended to be a substitute for professional medical advice, which should always be obtained from your physician.

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A Night of Lights

5 to 7 pm
Thursday, November 16
SBL Heart Center, Entrance H

SBL Holiday Light Display Kickoff

- Drive through the lights on the Health Center campus.
- Enjoy photo opportunities at the large displays and inside the large lit ornament.
- Enter through The Heart Center (Entrance H) for free hot chocolate and cider, packets of magic reindeer food, photos with Santa and Mrs. Claus and our pet therapy dogs.
- Shop our great selection of gifts and holiday décor at the SBL Gift Shop.

The lights at the Health Center will be on through the New Year.





Introducing:

Willow Breeze

Sarah Bush Lincoln
Hospice House

Opening later this fall, Willow Breeze offers hospice care in a tranquil setting.

Nestled in peaceful surroundings, our hospice house is a sanctuary of comfort where your physical, emotional and spiritual needs are met. Our peaceful rooms are thoughtfully furnished to create a serene atmosphere, encouraging moments of connection and reflection. The soothing sounds of nature and the ripples on the pond offer a backdrop of tranquility.

For more than 50 years, Sarah Bush Lincoln Hospice has provided exceptional care to those who are terminally ill. Willow Breeze affords people the ability to pass peacefully with their loved ones by their sides.

While most health insurances cover hospice care, they do not cover the cost of room and board. An endowment has been funded to help pay for these expenses for those without means. Sarah Bush Lincoln does not turn anyone away who cannot afford their care.



Located just north of Sarah Bush Lincoln at 10660 County Road 800 N in Mattoon, Willow Breeze represents an ongoing commitment to the community we serve.

It offers:

- Eight private suites for people of all ages
- Walk-out patios that overlook the landscaped pond
- Family Quiet Rooms that accommodate overnight guests
- Family kitchen and coffee bar
- Library & Work Space
- Chapel
- Activity Room
- Covered patio to enjoy the outdoors
- Walking path partially around the pond
- Visiting hours 24 hours a day, seven days a week



We invite you to visit Willow Breeze and experience firsthand the tranquil environment and compassionate care that we provide. Take a tour, meet our dedicated team and learn more about how we can support you and your family when hospice care is needed. For more information or to schedule a visit, call **1-800-454-4055**.



Triumph

Over Tragedy

Ma'Lyiah White defies the odds by making a recovery after a tragic accident.

The transformation Ma'Lyiah White has undergone over the past year is nothing short of miraculous.

Since starting speech, occupational and physical therapies at Sarah Bush Lincoln a year ago, she has relearned essential motor skills lost during a tragic accident. Any progress would have been considered a success, considering she started her journey comatose and on a breathing ventilator.

In January 2022, Ma'Lyiah fell through an ice-covered pond near her family's Charleston home. Her grandfather, Carlos Serafin, jumped into the pond to save her. Both became trapped and were rescued by the Charleston Fire Department, the Lincoln Fire Protection District and the Lincoln Fire Dive Team. They were transported to the SBL

Emergency Department where Ma'Lyiah was revived. Carlos died from the incident.

Bill Croy, Ma'Lyiah's other grandfather, explained that doctors told him that they were going to remove Ma'Lyiah from the ventilator due to her comatose state, and they gave him almost a week to make arrangements with her family.

A couple days before they were scheduled to disconnect the ventilator, the doctors told him they were taking the vent off early. "I was confused because they told me we had more time for family to see her, but the doctor said, 'She's starting to breathe on her own,'" Bill explained. "They took the ventilator off her, and 30 minutes later she was breathing just fine."

“From where she was to where she is now— she’s a completely different child. Her therapy has been an enormous part of that improvement.”

—Bill Croy

Even though Ma’Lyiah was breathing and cognitive of the sights and sounds around her, doctors said she wouldn’t be able to function well ever again. Now, she is a high honor roll student and is able to handle her share of chores around the house. Her recovery is unbelievable, which is a huge relief for her family. “From where she was to where she is now— she’s a completely different child,” Bill said. “Her therapy has been an enormous part of that improvement.”

Occupational Therapist Mindy Hoedebecke helps Ma’Lyiah strengthen her motor functions, while she helps family members understand Ma’Lyiah’s progress. Physical Therapist Micah Murphy helps Ma’Lyiah strengthen muscles that were affected by the accident, and Speech-Language Pathologists Lisa Clark and Jordan Norton help her with articulation.

Simple motions, including giving high fives, were difficult for Ma’Lyiah a year ago; now she pulls them off with ease. Saying words aloud was a struggle, but now she can have conversations, even if it takes her

a bit to pronounce some words. Doctors said she wouldn’t be able to even move much; now, she can fold her own laundry and bathe herself.

“The therapies at Sarah Bush Lincoln have really helped her grow, and they’ve really helped her understand what she can and can’t do,” Bill said. “In fact, every time she’s done a functional test, everything, especially her strength, has improved.”

Bill is grateful for not only the therapists who have helped Ma’Lyiah, but also the EMS team and the SBL Emergency Department staff who helped save her life. She still faces limitations, but Bill is thrilled with the progress she’s made. Ma’Lyiah has come so far that there’s only one more obstacle Bill wants to see Ma’Lyiah overcome.

“I don’t know if we will ever see Ma’Lyiah completely walk again, and I’ve come to terms with that,” Bill said. “But if we could get Ma’Lyiah to stand up and move herself to the toilet, I would be happy.”



Ma’Lyiah with Occupational Therapist Mindy Hoedebecke.



For more information on Speech-Language services, call **217 258-2568**. To learn more about Physical and Occupational Therapy services, call **217 258-2530**.

Back

In Step

International ballroom dancer glides on the dance floor again.



In 1986, Louise and Jerry Engelking were looking for something to fill their time, as they felt an empty nest looming. One daughter was married, and their youngest, a junior high school student, would be out of the house before long, as well.

A friend suggested that they try square dancing, and they fell in love with it. Four years later, a choreographed ballroom dancing class was offered in their small Texas town of Muleshoe, and it was once again love at first step. They joined the International Choreographed Ballroom Dancing Association and have been gliding across dance floors ever since.

One morning, however, Louise awoke with a swollen knee and excruciating pain in her left leg. Initially, she couldn't walk. "My knee was killing me," she recalled. "I kept ice on it, and it wasn't great, but I was able to dance a little more." When she sat down, however, she couldn't get up or put any weight on it.

“I just felt like this is where I needed to come. Everyone in the ballroom dance community knows about Effingham.”

—Louise Engelking

She sought help from an orthopedic medical group in the couple's winter home of Tampa Bay, Fla, where she learned that her knee joint was worn out. She received cortisone and gel injections, and the Engelkings returned home to Muleshoe.

Louise recalled several ballroom dance friends and an instructor advising, “If you must have a knee replacement, you need to go to Effingham.’ I just felt like this is where I needed to come. Everyone in the ballroom dance community knows about Effingham.”

She made an appointment with Orthopedic Surgeon Peter Bonutti, MD, who was able to fit her in his busy schedule at the end of June. He performed a total knee replacement on Louise, and she was walking on her new knee and going up and down stairs before she left the hospital a few hours after the surgery. Within a week, she was walking without a walker or cane.

“When he came into the pre-op room to see me before surgery, he marked the knee that he was going to replace, and then he drew a tic-tac-toe on my leg and we played to pass the time. He was so kind and unassuming,” she explained. “He said, ‘call me Peter.’”

“Everyone has been awfully accommodating,” Louise recalled. “When I talked with the office insurance person, she asked where we were planning to stay and

suggested we may be more comfortable in a home rather than in a hotel and then recommended two local airbnbs.” The Engelkings chose to stay in a home in Teutopolis. She recalled that one morning when she and Jerry were out for a walk, the owner stopped them to offer a bag of freshly picked blueberries. “The hospitality has been so wonderful. People would likely experience the same thing in our small town in Texas too, but this really has been over the top.”

Louise returned to the SBL Bonutti Clinic to continue her rehab with Lindell Richards and Brittney Bluemer. “I didn't know what to expect, but Lindell and Brittney were kind and patient and taught me exercises to do that would strengthen my knee.”

Louise and Jerry were eager to get back to the dance floor as quickly as their friends did following their knee replacements. She believes her physicality has aided her recovery. “It takes a lot of dedication to dance at this level. It's great exercise for the brain and the body, plus the social aspect it brings is so nice,” she added, noting that she and Jerry are friends with dancers across the country and internationally.

In just under two months, they were once again gliding seemingly effortlessly across the dance floor.



For more information or to make an appointment at SBL Bonutti Clinic in Effingham, call **217 342-3400** or for Orthopedics & Sports Medicine in Mattoon, at **217 238-3435**.



A Nurse's Final Chapter

Stephanie Johanpeter's inspiring journey through SBL Hospice reveals the power of compassionate care.

Stephanie Johanpeter impacted everyone she met. Whether as a nurse at Sarah Bush Lincoln, the director of the Mattoon Red Cross chapter or, later in life, as a pastor at the Pleasant Grove Baptist Church in Cooks Mills, people knew her for the care and compassion she exuded.

Most importantly, though, she was a wife and a mother to three children. "My mom was a force of nature," Brian Johanpeter, the eldest child, said. "I always try to be like her," said Loren Baxter, the youngest son and twin brother to Lara Johnson. "My mom was one of my best friends," Lara explained.

As Stephanie's health worsened last year, her family was faced with difficult decisions. Stephanie and her

husband, David, resided in an independent living facility, but Stephanie's pulmonary fibrosis started taking more of a toll on her. In October 2022, Stephanie's physician recommended she consider hospice care.

The thought was scary for the family. "When your support system needs support, who do you go to?" Lara said, recalling her emotions upon hearing the physician's recommendation. Ultimately, Stephanie decided to trust Sarah Bush Lincoln Hospice, entering hospice care in January.

As a long-time nurse and caregiver, being the one cared for was a different experience for Stephanie, but the SBL Hospice staff made her comfortable. Stephanie's five months of hospice care were an emotional rollercoaster for the tight-knit family, but they are grateful to the staff members for the amazing care they provided. "I was impressed because they appreciated Stef and gave her the attention she deserved," David said.

What stood out to the three siblings was the staff's level of communication. Each sibling agreed the staff kept in touch with them and their father constantly, clearly explaining everything that was happening to keep them updated. "It was clear that they prioritized making sure we were educated," Brian said. "There were some hard conversations, but they helped us through them. The fact that they do this every day is incredible."



The siblings said Meagan Schaefer, medical social worker, was a great communicator throughout the process. Loren added that Jamie Banning, RN, was a terrific caregiver. “It touched my heart to see the care, compassion and authenticity she brought to her role,” he said. The family was also impressed with the care from Tiffany Edwards, hospice aide, and the other staff who played a role in Stephanie’s care.

After five months, Stephanie passed on May 27 at age 77. Mattoon was home for Stephanie and David for 50 years, and though some family has moved away since, her three children and a handful of her grandchildren were with her in the final hours. Lara remembers her mom as a supportive person. “She was very encouraging to everyone, and she had a welcoming spirit,” she said.

Loren admires his mother’s lasting effect on others. “She established a legacy of care across the community,” he explained. “She was always willing to be there for anyone in need.” Brian explained that his mother impacted the community in many ways. “She

had different callings in life, and she excelled in each one,” he said.

Before she died, Stephanie’s chaplain, Joy Starwalt, gave her some thought-provoking challenges to think about and process. She had written down the question, “How do I die well?” If her impact on people who cared for her was any indication, she died well, the family said.

Some of Stephanie’s hospice care team attended her funeral and graveside service. Brian, Loren and Lara said this was just one more way they showed their compassion for her.

“I couldn’t fathom what it would have been like going through this process without the hospice staff,” Loren said.

“The depth of care that they gave my mother really stood out to me,” Brian said.

Lara added: “The staff was there for us every step of the process.”



November is National Home Care, Hospice and Palliative Care Month. For more information about SBL Hospice, call **1-800-454-4055**.



From Caregiver to Cared-For

Martha Vale regained her independence thanks to SBL Home Care.

Having worked in home health as a certified nursing assistant for nearly a decade, Martha Vale well understood the job of caring for patients with limited mobility and extensive health needs.

When she became the patient, however, following knee replacement surgery with Sarah Bush Lincoln Orthopedic Surgeon Timothy Gray, MD, she learned what it was to be dependent on others for her care and rehabilitation.

As a bartender at the Edgewood American Legion, Martha wanted and needed to get back to work as soon as possible. That meant leaning on SBL Home Care staff and trusting in their care. They exceeded her expectations!

When the staff arrived at Martha's residence, she had almost no mobility. The nurses and therapists quickly tailored a care plan for Martha, which included checking her vitals each time they visited and making sure the incision on her knee was healing well, especially after the staples were removed. "The first time they came to see me, they were super friendly right away," Martha said. "They made me feel at ease about everything that would happen, and they always reassured me."

Martha used a walker the first days she was home, plus she was given stretches to do while sitting or lying down. Those stretches and light exercises helped drastically. "After a few days, I was able to start doing more things on my own," Martha explained. As her mobility improved, she began doing more intensive exercises, like squats and lunges.

“They made me feel good; they made me feel important and they didn’t rush to leave. We built a rapport with each other, and it was amazing.”

—Martha Vale

“After their help, I could do so much more,” Martha reflected. “I could drive my car and take my dog on longer walks. It was a great feeling to regain my mobility.”

Martha described her care team as professional and personable. “They got to know me as a person,” Martha explained. “They asked about my life, and they told me about themselves. They built a relationship of care.”

Through experiences receiving healthcare and working in healthcare, Martha said caretakers aren’t always personable and compassionate. She’s grateful that her SBL caretakers were excellent

throughout the process. “They made me feel good; they made me feel important and they didn’t rush to leave,” she said. “We built a rapport with each other, and it was amazing.”

Once Martha finished receiving home care, she received additional physical therapy at the SBL Bonutti Clinic to complete her recovery.

After two months away from work, Martha is back at the American Legion. “It was important to me that I get back to work, and SBL helped me do that,” she said. “I’m appreciative of all the staff who took such good care of me.”



Martha surrounded by her team of SBL caregivers.



SBL Home Care is located in Prairie Pavilion 2, 1004 Health Center Drive, Suite 202. For more information, please call **1-800-879-3212**.

Sarah Bush Lincoln



Kelley Grewell, APRN

Women's Healthcare

Caring for mothers and their newborn babies inspired Kelley Grewell, APRN.

Working as a labor and delivery nurse at Sarah Bush Lincoln for seven years helped fuel the passion Grewell has for women's health, and as the newest provider in SBL Women's Healthcare, she's using that passion to help women take control of their wellness.

Grewell graduated from Georgia Southern University in 2016 with her nursing degree, and moved to Illinois to begin working in labor and delivery at SBL. Though she grew up in Georgia, Grewell heard great things about SBL from her husband's family and applied for a nursing position while she finished school.

Grewell always knew she wanted to work in the medical field. Her mother's nursing career provided extra inspiration to do so, but when she started nursing school, she was unsure which specialty to pursue. Her clinical experience in a labor and delivery unit gave her the answer. "I fell in love with the labor process and caring for newborn babies and the mothers," she explained. "After that, I knew I wanted to be a labor and delivery nurse."

Helping mothers through the birthing process gave Grewell the passion for women's health. "The birthing process is an important time in a woman's life, and I loved talking to women and making them feel comfortable throughout the process," Grewell said.

While the experience in labor and delivery was rewarding, she had more to give women. She enrolled at Indiana Wesleyan University and graduated in April with her Master of Science in Nursing degree, also attaining American Academy of Nurse Practitioners certification. While working as a nurse, she knew she wanted to eventually become a nurse practitioner so she could be more involved with women's health journeys. "As a labor and delivery nurse, I only saw people for a few days," Grewell explained. "Now, I can aid someone in their health journey, whether it be while they're pregnant, after they give birth or any time."

Grewell provides care for a variety of gynecological issues, such as sexually transmitted diseases or urinary tract infections. She also helps women manage their birth control and performs preventive care, such as pap smears and breast exams, among other things.



To schedule an appointment with Grewell, call SBL Women's Healthcare at **217 258-4030**. Her office is located in Suite 201 inside Entrance A on the Health Center's main campus, and she works alongside obstetrician-gynecologists Ashton Ballinger, MD, Jeffrey Galvan, MD, Scott Meyer, MD, Rick Miller, DO, and Leslie Taggart, APRN.

Welcomes

Andy Bays, MD

Sports Medicine

Charleston native and Eastern Illinois University alumni Andy Bays, MD, has returned home as a sports medicine physician and member of the Sarah Bush Lincoln Orthopedics staff.

Board certified by the American Board of Family Medicine, Dr. Bays worked briefly as an exercise specialist at the SBL Center for Healthy Living while completing his bachelor of science degree in kinesiology and sports studies at Eastern Illinois University.

Since he was young, sports have been central in Dr. Bays' life. He played on both the football and tennis teams at EIU, and his love for sports aligned perfectly with his desire to find a career where he could work with the human body. "I thought about pursuing orthopedics, but I also really love the patient rapport that comes with primary care," he explained. "Sports medicine offers a way to combine those two passions."

Before joining the staff at SBL, Dr. Bays spent four years in Oklahoma City, where he completed a Family Medicine residency and a Sports Medicine fellowship. While there, he became a fellow in the American Medical Society for Sports Medicine.

Dr. Bays performs non-operative orthopedic care, including caring for everything from concussions to broken bones, and he provides injections under guided ultrasound that allow him to target a wide variety of conditions including arthritis, nerve injuries and more. Dr. Bays helps EIU athletes recover from injuries, and he supports SBL dietitians and physical therapists as they care for their patients.

Starting his career in his hometown was his dream position. "My wife and I have a lot of family in Charleston, so we wanted to move back," he said. "We remember what growing up here meant to us, and we wanted to give our kids that same experience."



Dr. Bays enjoys running into people he either grew up with or that his family knows, and that sense of community is something he missed when he lived in Oklahoma. "That connectivity is something my wife and I didn't experience elsewhere, so we couldn't be happier to be enjoying it here," he said. "As a provider, I want people to know that I understand who they are and what pain or injuries they may be dealing with."

Through his journey in sports and medicine, Dr. Bays understands the importance of helping people recover from their injuries, whether they are on the gridiron on Friday nights or have sprained an ankle working around the house. "I'm going to work with you to get you back to 100 percent," he said. "Whatever it is you enjoy or need to do, my goal is to help you get back to doing it."

Dr. Bays and his wife, Maddie, have three sons. He enjoys hiking and playing sports with his family in his free time.



To schedule an appointment with Dr. Bays, call SBL Orthopedics and Sports Medicine at **217 238-3435**. SBL Orthopedics and Sports Medicine is located in Prairie Pavilion 2, Suite 100.

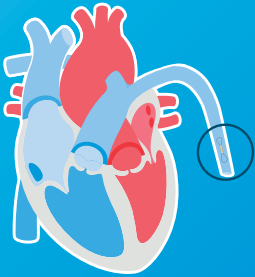
Dr. Bays also practices at the SBL Bonutti Clinic in Effingham on Wednesdays, where he primarily performs injections. Call the SBL Bonutti Clinic at **217 342-3400** for more information.

Heartfelt Progress



Interventional Cardiologist
Dean Katsamakakis, DO

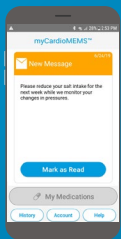
HOW DOES THE CARDIOMEMS HF SYSTEM WORK?



Sensor is inserted using a
common procedure.



You take daily readings of the sensor
from the comfort of your home.



Your doctor reviews the data and
contacts you as necessary.

SBL's successful CardioMEMS implantation pioneers advanced heart failure monitoring.

The Sarah Bush Lincoln Cardiology team successfully performed its first CardioMEMS implantation recently.

The CardioMEMS is a remote monitoring system that features an implantable sensor, which is placed in the pulmonary artery during a right heart catheterization.

The sensor allows for advanced monitoring in people with heart failure and tracks changes in their pulmonary artery pressure, which is an early indicator of the onset of worsening heart failure. The sensor also measures a person's heart rate.

People who have a sensor implanted are monitored by the staff at The Heart Center, and the sensor provides real-time notifications of changes in someone's pulmonary artery pressure and fluid volume in their body. The ability to recognize early signs of worsening heart failure gives the staff the opportunity to adjust a person's medications before the symptoms impact their quality of life and can help prevent hospitalization.

Interventional Cardiologist Dean Katsamakakis, DO, performed the first procedure at SBL and said it's exceptional that SBL offers this critical procedure. "We strive to provide the best care for everyone, and the success of this first CardioMEMS implantation is invigorating," he said. "It's important that we provide life-changing procedures like this as an option for people in our community."

The CardioMEMS system provides people with a heightened awareness of the factors affecting their health. It has been proven to improve people's quality of life, reduce the number of heart failure deaths and reduce the number of heart failure hospitalizations.

The system is indicated for people with: New York Heart Association (NYHA) Class 2 or Class 3 heart failure; and one heart failure hospitalization in the past 12 months; and/or elevated natriuretic peptides.

Traditionally, care teams have relied on physical signs, such as a person's weight, blood pressure or other symptoms, to detect worsening heart failure. With a remote monitoring platform like CardioMEMS, SBL can provide the most progressive, timely care to patients with heart failure.



For more information, contact The Heart Center at SBL at **217 238-4960**.

Courses, Classes and Support Groups

Wellness

Center for Healthy Living

A medical center through which participants receive a custom-designed exercise and lifestyle program to manage chronic illnesses. Provider referral is required.

■ 217 238-3488

This program is funded in part by WomenConnected, a women's giving circle within the SBL Health Foundation.

First Aid for Emergencies; Adult and Pediatric CPR

Instructors certified by the American Heart Association. Scheduled periodically, \$50 fee for each class.

■ Dillon Kircher, 217 258-2403

Hearing Aid Services

Offered at Sarah Bush Lincoln and SBL Effingham Clinic. 217 258-2568

Living with Diabetes

This program is for people with diabetes and focuses on managing it through nutrition and exercise.

■ Paula Enstrom, RN, 217 238-4808

Pulmonary Rehabilitation

This program is for people with COPD, Pulmonary Fibrosis and other respiratory conditions.

■ 11 am, 12:30 pm, 2 pm every Tues. and Thurs. in the METS department.

■ Cathy Matheny, RTT, 217 238-4973

Financial Assistance

Affordable Care Act

Certified Application Counselors are available to help with Marketplace enrollment in the following counties: Coles, Clark, Cumberland, Douglas, Edgar, Effingham, Jasper, Moultrie and Shelby.

■ 217 238-4994

Financial Assistance

If you have any questions about the SBL Financial Assistance Program, please call Patient Financial Services between 8 am and 4:30 pm, Mon. through Fri.

■ 1-800-381-0040

■ Forms may be downloaded from

www.sarahbush.org

Prepared Childbirth

Oh, Baby! Prenatal Education

Oh, Baby! offers a variety of comprehensive prenatal and infant care educational classes to help expectant and new parents and their babies get off to a great start. Preregistration is required. Please check the website for the most current class schedule. Some classes have a fee.

Financial assistance is available.

■ Allison Masse, RN, IBCLC, ICCE, 217 258-2229

■ sarahbush.org/ohbaby

Support Groups

Bariatric Support Group

- 6 to 7 pm, third Tues. of the month
- SBL Center for Healthy Living Meeting Room
- 217 238-4961
- Zoom option available

Diabetic Support Group

- 7 pm, second Tues. of the month in March, June, Sept. and Dec. at SBL
- Cindy Foster, RD, certified diabetic educator, 217 258-2135

Ostomy Support Group

- Evening meetings four times a year in Mattoon and Effingham. Call for dates, times and locations.
- Jenna Vogel, APRN, CWOCN, 217 238-4804

Grief Support Group

A support group open to anyone who has lost a loved one.

- 6:30 to 8 pm, first Wed. of each month
- Prairie Pavilion 2
- SBL Hospice, 1-800-454-4055

Sarah Bush Lincoln Walk-In Clinics

We're here when
you need us.

No appointments.

7 am – 7 pm / Monday through Friday

8 am – 3 pm / Saturday and Sunday*



MATTOON

200 Dettro Drive
217-238-3000



CHARLESTON

2040 Lincoln Ave.
just east of IL Route 130
217-345-2030



EFFINGHAM

1303 West Evergreen
SBL Bonutti Clinic, Entrance B
217-540-6123



TUSCOLA

1100 Tuscola Blvd.
217-253-4764



VANDALIA

1442 N. 8th St., Suite C
618 283-0266

*Open 9 am to 4 pm on
Saturday and Sunday.

**Wait time feature not available
for this location.



Use your cell phone camera to scan this code to visit

sarahbush.org.

Use the "Walk-In Clinic Wait Time" feature at the top of the webpage for current wait estimates at each of the walk-in clinic locations.**

Sarah Bush Lincoln

1000 Health Center Drive
PO Box 372
Mattoon, Illinois 61938-0372



Printed on recycled paper.

Holiday Festival

Supporting Behavioral Health Services

ONLINE AUCTION

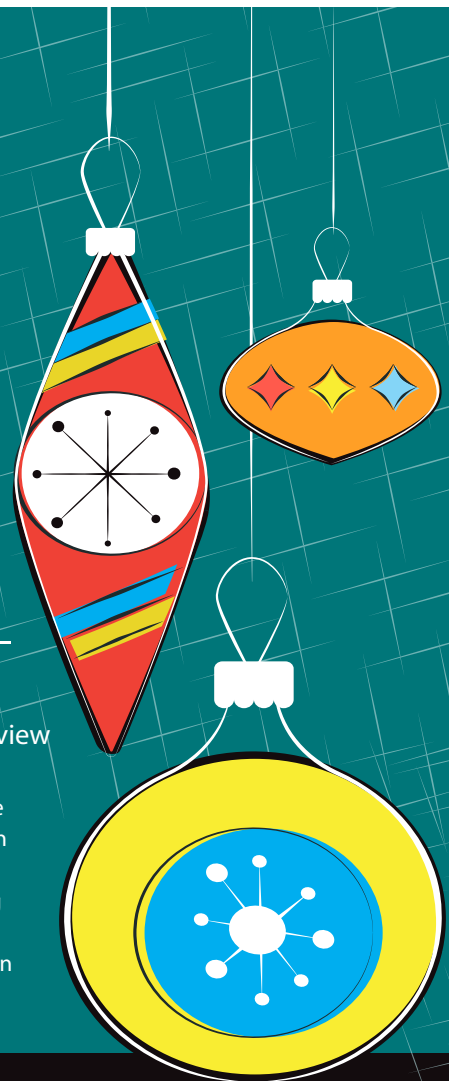
Open to the Public
8 am, **Friday, Nov. 10**
through
8 pm, **Monday, Nov. 13**

This year's online auction will feature more than 80 items designed by Sarah Bush Lincoln employees, area residents and businesses, including a wide variety of home décor and holiday items, handmade wooden trees, fresh greens from Hager Tree Farm and more.

GALA & LIVE AUCTION

Tickets Available
Saturday, Nov. 11
5:30 pm – Cocktails and Auction Preview
7 pm – Dinner and Live Auction

The Live Auction will feature 30 elite items with Stokes Auctioneer Shawn Hamilton and Emcee Joe Dively, chairman & CEO of First Mid, adding fun and excitement. This year's event will be held at Unique Suites in Charleston.



Sarah Bush Lincoln Health Foundation

www.sarahbush.org/holidayfestival | 217 258-2511

In partnership with SC3F Wealth Management Group